



ALPINE TALES 2016



PCP WINTER SCHOOL – 2ND EDITION

4-7 FEBRUARY 2016

PECOL DI ZOLDO (BL) – ITALY

FOR MORE INFORMATION
PLEASE VISIT WWW.COSTRUTTIVISMO.IT

Workshop

Creative receptivity - listening to our bodies

Ingrid Karlegger (Psychologist, Psychotherapist, C-I-practitioner, Merano - Italy)

Ricettività creativa - ascoltare i nostri corpi

Ingrid Karlegger (Psicologa, psicoterapeuta, C-I-practitioner, Merano - Italia.)

Abstract

Within this workshop we will take a playful and investigating journey to our body (but not only) by introducing some Contact-Improvisation (C-Y) elements and principles. Working as a trio we are going to observe, explore and listen to our bodily communication and interactions.



During this experience preverbal construct and/or role construct may emerge. These and other discoveries/findings about ourselves and the others will be shared after the non-verbal experience of this vast land of options and opportunities in motion.

For more information, please visit <http://www.costruttivismo.it/alpine-tales-2016/>

or send an email to: alpine.tales2016@gmail.com