



ALPINE TALES 2016



PCP WINTER SCHOOL – 2ND EDITION

4-7 FEBRUARY 2016

PECOL DI ZOLDO (BL) – ITALY

FOR MORE INFORMATION
PLEASE VISIT WWW.COSTRUTTIVISMO.IT

Workshop

Exploration of trust in a group context

Dorota Joanna Bourne (Associate Professor of Coaching and Change Management, Reading - UK)

Esplorazione della fiducia nel contesto di gruppo

Dorota Joanna Bourne (Professore Associato di Coaching and Change Management, Reading - UK)

Abstract

In this session we will explore the notion of trust in a group context. We will experiment with the embodied sensations of trust at an interpersonal as well as group level. The session will utilise some techniques used in teambuilding programmes, particularly popular with organisations and businesses. In addition, we will also engage in experimental exercises designed specifically for this session which are aimed at the exploration of space in a group context.



All exercises used in this session require physical contact with the others such as touching or leaning onto another person, therefore the participants need to be willing to engage in this type of activities.

For more information, please visit <http://www.costruttivismo.it/alpine-tales-2016/>

or send an email to: alpine.tales2016@gmail.com